



**THURSDAY, FEBRUARY 20, 2025
SWIMMING WARM-UP
CLASS 2 GROUPS**

GROUP 1: 10:15 – 10:35 am – Laps
11:35 – 11:45 am – Take-offs

GROUP 2: 10:35 – 10:55 am – Laps
11:25 – 11:35 am – Take-offs

GROUP 3: 10:55 – 11:15 am – Laps
11:15 – 11:25 am – Take-offs

Carthage	Blue Springs South	Blue Springs
Kickapoo	Ft. Zumwalt North	Cor Jesu Academy
Kirkwood	Francis Howell Central	Eureka
Lafayette Wildwood	Hickman	Ft. Zumwalt West
Lebanon	Lee's Summit	Francis Howell
Lee's Summit North	Liberty	Francis Howell North
Liberty Wentzville	Lindbergh	Jackson
Liberty North	Nixa	Lee's Summit West
MICDS	Oak Park	Ozark
Marquette	Park Hill	Rock Bridge
Nerinx Hall	Park Hill South	Staley
Pattonville	Parkway South	Timberland
Truman	Raymore-Peculiar	Westminster Christian Academy